The Salts of Life:
Inorganic Biochemistry

A Shortcut Therapy

When the physicist Dr. (med) W.H. Schuessler from Oldenburg, Germany published his work “A shortcut Therapy” in 1874, he presented to the world a concise system of healing, based on scientific criteria. Later he called his healing system “Biochemics” or “Biochemistry”.

Biochemistry

“Physiological chemistry” which was taught in universities in those days, soon adopted for their research branches the name created by Dr. Schuessler: “Biochemistry”, a practice we continue to this day, started by Dr. Schuessler over 130 years ago – researching the chemical connections of living organisms.

The Greek word “Bios” means life and chemistry is a branch in natural science that deals with the qualities, composition, and the alteration of substances and their combinations. Biochemistry is therefore the “Chemistry of life”.

The Biochemic Remedies

Biochemic therapy is based on the fact that a living organism contains a number of mineral substances. They are found, both in the blood and inside the cells of all organs. However, they differ in quantity and concentration, but they are harmoniously balanced and indispensable for both the body structure and the correct course of all functions. Dr. Schuessler established that there were 12 essential mineral salt combinations in the body.

Each individual salt exerts certain influences on organ functions. Therefore they are called biochemic functional remedies. In our organism they are found as inorganic components; indispensable for all body functions. The blood contains all material necessary for its individual parts because it consists of water, glucose, fat and protein substances, as well as the already mentioned minerals. The capillaries, where the finest artery branches connect to the venous system, more or less contain a reservoir from which each part of the body, depending on the composition, receives what is needed for its structure and maintenance. This is where the formation and development of the cells begin and then the tissue, muscles, cartilage, and the bones develop from this. The main components of the muscles are potassium, magnesium, and iron, in the connective tissue sulphur and silica, in the bones calcium fluoride and calcium phosphate. The hair for example contains silica and iron.
Disorder of Cell Function

If the balance of the Biochemic minerals is disrupted, due to an influence on the organism, no matter whether the supply is in deficit or the removal of waste does not take place, we experience what we term “illness”.

Dr. Schuessler said “The Biochemic healing method provides the endeavour to natural healing with its missing natural remedies – the inorganic salts. Biochemistry aims at the correction of physiological chemistry that has altered from the norm”.

Dr. Schuessler put down the essential features of his therapy in a work he entitled “A Shortcut Therapy” of which during his lifetime he published 25 editions.

The Institute of Biochemistry (Biochemischer Bund Deutschland)

In the year 1885 patients and friends of Dr. Schuessler founded the first Biochemic Branch in Oldenburg (Germany), in order to promote and spread the knowledge of this natural, simple, and effective healing method. Nowadays the Biochemic health branches located in Continental Europe, the EU, and many countries of the world are united under the Institute of Biochemistry (Biochemischer Bund Deutschland eV – BBD).

As the leading authority on the subject of Dr. Schuessler and his therapy the organisation also provides information on this natural healing therapy according to Schuessler’s mineral tissue salts through lectures, seminars, workshops, books and magazines.

Asia Pacific Branch

The Institute of Biochemistry (Asia Pacific) located in Australia publishes the English Language version of the bi-monthly magazine for biochemistry “Way to Good Health” (the German issue ‘Weg zur Gesundheit’ is also available in Australia).

Furthermore this branch is able to offer an extensive variety of “approved” literature on the subject of Schuessler’s mineral tissue salts, an increasing number of which are being made available in the English language.

The Asia Pacific Branch also offers workshops, lectures, seminars throughout the Asia Pacific region and includes within its portfolio the 4 day officially (BBD) recognised course “The Clinical Science of Biochemic Therapy” which attracts a number of CPE points from ATMS.

For further information please do not hesitate to contact either:

Institute of Biochemic Medicine (Asia Pacific)
PO Box 8
Nanango QLD 4615
Australia
Email: biochemics@bigpond.com.au
www.biochemic–remedies.com.au

Biochemischer Bund Deutschland eV
Raiffeisenstr. 27
26122 Großenkneten
Germany
Email: bbd@biochemie-online.org
www.biochemie-online.org